

Mobility Aids



Check walking aids

Are they still in good working condition? Check the rubber grips and feet on frames and brake systems on rollators that have them, for example. Make an audit schedule so things don't get missed.



Walking Aids

Ensure that the person keeps their walking aid and within reaching distance. This will prevent them having to overreach or walk without it.



Own walking aid

Ensure the person only uses the aid that has been prescribed for them. They are tailored for the person and may not be safe for others to use.



Assistance Bells

If a person finds it difficult to move safely without support, it is essential that they can use a call bell to ask for assistance. Are call bells easy to access in the care home?



Do you feel a person you support could benefit from a mobility aid?

Mobility aids **MUST** be prescribed by a qualified Health Professional, (a Physiotherapist or Occupational Therapist).

Contact GP or health professional for advice.



You can also get advice on mobility scooters and driving assessments from Herts Ability.
hertsability.org.uk | driving@hertsability.org.uk | 01707 324581

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